

August 2020 Lunch Menu

La Luna on-the-go and LCS are committed to providing our children with healthy lunches rich in plant based foods. All entrees are whole grain or whole grain enriched. Many dishes are cooked with vegetables to add flavor and nutrition. Fruit and vegetables are organic when available, seasonal, pesticide free and local. Chicken nuggets are breaded and baked in our school kitchen. Beef hot dogs and sausage are nitrate and hormone free. All meat and milk is antibiotic and hormone free.

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
10	11	12	13	14
17 SCHOOL CLOSED	18 SCHOOL CLOSED	19 Beef hot dog, fruit & vegetables	20 Cheese ravioli with marinara sauce, fruit & vegetables	21 Cold turkey sandwich, fruit & vegetables
24 Bean, rice & cheese burrito, fruit & vegetables	25 Teriyaki chicken, rice, broccoli & fruit	26 Picnic lunch with white sandwich bread, ham, cheese, lettuce, tomato, mayo, fruit & vegetables	27 BBQ chicken, mashed potatoes, fruit & vegetables	28 Cheese quesadilla, fruit & vegetables
31 Penne beef ragu, fruit & vegetables				

“This institution is an equal opportunity provider.”