



# FAIRFAX & SELMA

## January

REMEMBER TO....	BUY IT WITH THOUGHT	COOK IT WITH CARE	SERVE JUST ENOUGH	EAT AT THE TABLE	
6	7	8	9	10	
<p>Farmers market report: Winter is here and therefore it's citrus season. Last year we had 10 varieties of organic citrus from Schaner Farms. We're kicking off this year with tangerines.</p>	<p><b>macaroni and cheese</b>  <i>vegan macaroni and marinara</i>            salad with honey mustard dressing            fruit</p>	<p><b>nachos</b>            cheddar cheese sauce            Spanish rice &amp; "refried" pinto beans            salsa            fruit</p>	<p><b>pasta with marinara</b>            ceaser salad  <i>vegan salad with balsamic vinaigrette</i>            parmesan cheese            fruit</p>	<p><b>Taiwanese 3 cup chicken</b>  <i>3 cup tofu</i>            smashed cucumbers            rice            edamame            fruit</p>	<p><b>roast chicken drumsticks</b>  <i>vegan chickenless nuggets</i>            roasted vegetables            mashed potatoes            oat cake            fresh fruit</p>
13	14	15	16	17	
<p><b>ZUPPA DI FAGIOLI</b>  <i>Maxwell Jaye's 2019 recipe</i>  <b>winning Italian white bean soup with orzo!!!</b>            fruit</p>	<p><b>bean tostada</b>            queso fresco            shredded lettuce            salsa            fruit</p>	<p><b>pasta with marinara</b>            chicken Italian sausages  <i>vegan Italian sausages</i>            romaine with chickpeas &amp; balsamic vinaigrette            parmesan cheese            fruit</p>	<p><b>Cuban roast pork</b>  <i>vegan Cuban stew</i>            rice &amp; black beans            plantains            mojo sauce            fruit</p>	<p><b>double baked potatoes with chicken, cauliflower and cheese</b>  <i>vegan potatoes</i>            salad with honey mustard dressing            fruit</p>	
20	21	22	23	24	
<p>NO SCHOOL</p>	<p><b>turkey &amp; cheese sandwiches</b>  <i>vegan sunflowerbutter &amp; jelly sandwiches</i>            crudites            fruit</p>	<p><b>pasta with marinara</b>            ceaser salad  <i>vegan salad with balsamic vinaigrette</i>            parmesan cheese            fruit</p>	<p><b>soboro don</b>            Japanese style chicken &amp; rice bowl  <i>vegan tofu bowl</i>            edamame, marinated carrots &amp; cucumber sonomono            fruit</p>	<p><b>chicken pot pie</b>            whole wheat pie crust crackers  <i>vegan pot pie &amp; crackers</i>            fruit</p>	
27	28	29	30	31	
<p><b>minestrone soup with long cooked kale and pasta</b>            parmesan cheese            fruit</p>	<p><b>burritos with shredded chicken, rice, beans &amp; cheese</b>  <i>vegan, veg &amp; no dairy burritos</i>            salsa            special sauce            fruit</p>	<p><b>pasta with beef bolognese</b>            romaine with chickpeas &amp; balsamic vinaigrette            parmesan cheese  <i>vegan bolognese</i>            fruit</p>	<p><b>tofu &amp; vegetable fried rice</b>            sweet chili sauce            broccoli            fruit</p>	<p><b>meatball subs Larder ficelle with 3 cheeses</b>  <i>vegan meatball sub &amp; salad with balsamic dressing</i>            salad with creamy garlic dressing            fruit</p>	
<p>If you have any questions about the lunch menu or program or you're interested in volunteering during lunch at Fairfax, please contact <a href="mailto:aliza.miner@larchmontcharter.org">aliza.miner@larchmontcharter.org</a>. If you would like to volunteer at Selma's lunch, please contact <a href="mailto:mimi.bonetti@larchmontcharter.org">mimi.bonetti@larchmontcharter.org</a>.</p>				<p>This institution is an equal opportunity provider.</p>	